

Welcome to Roses Tea Rooms.

Please relax and enjoy your time with us. We are here to make you comfortable so please ask for anything you may need be it toys for the children, bibs, children's cutlery, extra hot water for your tea, the blinds down if its too bright or up if its too dark! Our purpose is to provide you with a unique and unforgettable visit from our table service to the quality and standard of our food. Our staff are trained highly and we are constantly working towards the improvement of everything that we do. Our food is of the highest quality, fresh, local where possible (we even visit the farmers to ensure quality). We do not support intensive farming therefore our eggs are free range or organic, our meat is free range, organic or freedom food approved and so is our dairy. All the milk used here is organic. We hate and detest preservatives additives and any processed products so you will notice a distinct lack of them!

Your comments are welcomed so please feel free to make suggestions. That's what we are here for!

All our suppliers together with information about the products they supply to us are listed on our web site as well as in our shop portfolio. Please ask a member of staff for the portfolio

Please ask about our outside catering service

menus available in large print

Breakfast menu

available between 09.30 - 11.30 am

Roses brunch!

£4.95

Toasted brioche topped with sautéed herby mushrooms, 2 slices of grilled dry cured bacon and 2 free range poached eggs.

Children's brunch!

£2.25

Cheese and ham scrambled free range egg on wholemeal toast with organic baked beans.

Breakfast toastie

£4.25

Grilled dry cured bacon topped with farmhouse cheddar cheese and fresh tomato served with fresh salad, hand cooked crisps and homemade coleslaw.

Eggs!!!

Choose from creamy scrambled or poached free range eggs on a toasted brioche, or thickly sliced wholemeal bread.

Plain	£2.95
With dry cured bacon	£3.50
With smoked salmon	£3.65

Add organic baked beans for £0.60 extra.

Toast with butter

Served plain (per slice)	£0.50
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With thick strawberry jam or speciality jam of your choice, honey, marmalade, homemade lemon curd or homemade banana butter. (per slice)

	£0.75
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Choice of bread: Hand sliced thick wholemeal, White or brown ready sliced, brioche

We source our speciality preserves from highly skilled passionate artisan producers and have taste tested hundreds! We stock a significant selection of various speciality preserves which are changed according to the seasons too as they contain seasonal, fresh, home produced fruit. Please ask for today's selection and spoil yourself.

All day menu

Jacket potatoes Served with salad garnish.

Plain with or without butter.	£2.75
Homemade coleslaw. (a classic favourite)	£3.75
Dolphin friendly tuna mayonnaise.	£3.95
Mature Farmhouse Cheddar Cheese.	£3.95
Red Leicester and grated carrot	£3.95
Prawns in our special Marie rose sauce.	£4.25
Cheddar cheese and thickly sliced roast ham	£4.25

Sandwiches

White or wholemeal sliced bread, pita or soft baguette (add .35 pence). With salad garnish, home made coleslaw & Tyrels hand cooked crisps.

Free range egg mayonnaise	£3.75
Cheshire cheese with apple and fig jam	£4.25
Cream cheese and cucumber	£3.75
Dolphin friendly tuna with mayonnaise	£3.95
Prawns in homemade Marie rose sauce	£3.95
Red Leicester and grated carrot	£3.95
Cheddar cheese and homemade chutney	£4.25
Smoked salmon and cream cheese	£4.25
Thickly sliced roast ham (apple roast garlic and thyme jelly optional)	£4.25
Home roast succulent beef with horseradish	£4.45

Sandwiches with Hot fillings. With fresh salad garnish, home made coleslaw & hand cooked Tyrrells potato crisps.

Grilled halloumi cheese & tomato in warm pitta bread	£4.45
Grilled halloumi cheese with thick roast ham and our homemade chutney in a baguette	£4.95
Falafel, served with humus or chilli jam in warm pitta bread. (chick peas, onions, herbs)	£4.25
Chicken in lemon and black pepper in pitta bread (not homemade)	£4.45
Minty lamb in pitta bread	£4.45

All our ham, beef and lamb are home cooked and hand carved from Bowland farm.

Hot toasted sandwiches. With fresh salad garnish, home made coleslaw & hand cooked Tyrels potato crisps.

Tuna mayo, Cheddar cheese & onion	£4.25
Cheddar cheese red onion and tomato	£3.95
Houmous, red onion, tomato and olives	£3.95
Cheddar cheese and thickly sliced roast ham	£4.45
Cheddar cheese and homemade apple and tomato chutney	£3.95
Cheshire cheese & homemade apple and tomato chutney	£4.25
Thickly sliced roast ham & honey mustard	£4.25
Home roast beef and horseradish	£4.45

Light meals

Cheshire platter £4.95

Thickly sliced roast ham, crumbly delicious Bournes Cheshire cheese (from Malpas) with homemade apple and tomato chutney, homemade soda bread and fresh salad.

Potted shrimps £6.95

All the way from Morecambe bay these delicious shrimps encased in a spice infused butter are served slightly warm with salad and brown bread

Pate of the day (some are vegetarian) £3.75

Patchwork 's selection of fine pates are prepared by hand using fresh quality ingredients resulting in delicious flavours. Served simply with a small salad garnish and thick wholemeal toast.

continued ...

Soup of the day £3.65

Our innovative and traditional soups are homemade using fresh ingredients and avoiding preservatives, additives or flavour enhancers. Served with homemade soda bread. Healthy and delicious!

Greek salad £4.75

Mixed leaves, cucumber, cherry tomatoes, red onion, black olives (watch the pips), real Cyprus feta cheese dressed in extra virgin olive oil and fresh lemon juice & oregano.

Welsh rarebit (contains beer & Worcestershire sauce) melted on hand sliced thick wholemeal toast served with homemade apple and tomato chutney and fresh salad garnish £3.75

Welsh rarebit with thickly sliced roast ham £4.25

Light bites

Cinnamon toast

Hand sliced thick wholemeal bread toasted, buttered and sprinkled with unrefined raw cane Demerara sugar, freshly ground cinnamon and caramelised together. Total comfort!

1 slice £1.20

2 slices £1.75

Cinnamon toast as above topped with sliced fresh banana.

1 slice £1.50

2 slices £1.95

Mini croissants served warm with butter and preserve of your choice, homemade lemon curd, or homemade banana spread £1.95

continued ...

Homemade fruit bread

toasted and served with butter and choice of homemade lemon curd, homemade banana spread, or speciality jam of your choice

£1.45

Scones

We have become famous for our home made scones so try them and tell us what you think!!

We put the same love and passion into them as in all our food using the freshest, quality ingredients such as free range eggs, golden caster sugar, real pure butter, rich buttermilk, unbleached flour and natural flavourings. Our jams are carefully sourced from artisan producers and we stock an impressive selection with quality second to none!

* Fruit or plain scone

Served warm with butter, and speciality jam

£1.95

With clotted cream or freshly whipped cream and speciality jam

£2.25

* Gluten free homemade plain scone

With butter and speciality jam

£1.95

With clotted cream or freshly whipped cream and speciality jam

£2.25

* Speciality scone of the day

With clotted cream or freshly whipped cream and speciality jam

£2.45

We have experimented with many variations on our scones and have created an amazing selection all flavoured with natural ingredients. Our range now includes rose, lavender, lemon, ginger, apple and cinnamon and chocolate.

£2.45

Set teas

Cream tea £3.50

Homemade plain or fruit scone with real Cornish clotted cream and jam.

Served with our house blend tea .

Speciality cream tea £3.85

Our speciality scone of the day served with a pot of accompanying tea. Please ask for today's choice

Afternoon tea (between 2.30-4.30) £7.50

A real treat!!! Served on our hand made solid silver three tier stand, finger sandwiches of your choice, one of our delicious homemade scones with real clotted cream & hand made award winning preserve, & a piece of cake of your choice! Served with the house blend tea or coffee.

Children's high tea £5.50

A real treat and a chance to allow children to be part of this wonderful tradition, an experience that will make them feel special!

A two or three tier stand (depending on number of children) featuring finger sandwiches with choice of filling, homemade cinnamon toast, fresh fruit and choice of cake! Wash it all down with your choice of fresh organic milk, organic orange or apple juice, innocent pressed fruit smoothie or pot of Arabella tea (a blend for children made from apple, orange peels, rose-hip peels, gummy strawberry, pieces of cherry, leaves of blackberry, flowers of rose).

BUDDING ROSES CHILDREN'S FOOD MENU

We feel we have offered a comprehensive selection of meals and snacks for our younger customers but please see our specials board and main menu for more choices of which some can be served in smaller portions

Everything is made fresh and from scratch using the finest, best quality produce. Our primary concern is the welfare of the animals from which we source meat dairy and eggs from, the lack of artificial preservatives, additives, flavourings and sweeteners. We aim to offer healthy but tasty choices too. We welcome all feedback as it is the only way to ensure we are moving in the right direction and providing you with what you want.

We will be happy to reheat your food or milk but please ensure that you check the temperature of the food or milk before offering it to your child as we cannot be held responsible for scalding. We also have bibs, beakers, crockery and cutlery as well as children's chairs for your use. Please ask for anything that you need and we will endeavour to accommodate you.

Breastfeeding is welcomed.

Please note that we cannot guarantee that any of our food is free of nuts or nut products.

*All our ham, beef and lamb are home cooked and hand carved
from Bowland farm.*

Sandwiches

Wholemeal or white sliced bread. Finger sandwiches served with salad, fruit garnish & organic baked cheese puffs £2.95
Chocolate & hazelnut spread, Cheddar cheese, Tuna mayonnaise, Cream cheese, marmite, free range egg mayonnaise and cress, thickly sliced roast ham, grated red Leicester and carrot.

Jacket potato split and topped with:

Organic baked beans	£2.95
Cheddar cheese	£2.95
Dolphin friendly tuna mayonnaise	£2.95
Red Leicester and grated carrot	£2.95

Buttered toast or mini croissant

with a choice of following toppings: £0.95

- * Choice of jam, (ask for today's selection)
- * Marmite
- * Chocolate and hazelnut spread
- * Peanut butter, fresh banana and organic honey
- * Homemade banana spread
- * Cream cheese

Homemade large crepe filled and folded

with a choice of the following: £1.75

- * Pure Canadian Maple syrup
- * Organic honey
- * Chocolate and hazelnut spread
- * Banoffee. Freshly sliced banana with homemade toffee sauce
- * Peanut butter, fresh banana and organic honey
- * Homemade apple and rhubarb compote
- * Homemade banana spread

Cinnamon toast £0.95
Wholemeal or white sliced bread toasted, buttered, sprinkled with unrefined sugar and freshly ground cinnamon and toasted until caramelised

Cinnamon toast topped with freshly sliced banana. £1.15

Home made fruit bread (toasted and buttered) £1.45

Fresh fruit platter
A selection of fresh fruit freshly prepared and served with a homemade fresh fruit sauce. £1.95

Organic fruit yoghurts (individual pots) £0.90

Organic biscuit fingers (per six) £0.75

Cream tea £2.50
Homemade miniature plain scone served with butter or fresh whipped cream and thick strawberry jam. Accompanied by a pot of Arabella tea (a blend for children made from apple, orange peels, rose-hip peels, gummy strawberry, pieces of cherry, leaves of blackberry, flowers of rose).

Children's high tea (between 2.30 - 4.30) £5.50
A real treat and a chance to allow children to be part of this wonderful tradition, an experience that will make them feel special!
A two or three tier stand (depending on number of children) featuring finger sandwiches with choice of filling, homemade cinnamon toast, fresh fruit and choice of cake! Wash it all down with your choice of fresh organic milk, organic orange or apple juice, innocent pressed fruit smoothie or pot of Arabella tea (a blend for children made from apple, orange peels, rose-hip peels, gummy strawberry, pieces of cherry, leaves of blackberry, flowers of rose). 5% will be donated to the NSPCC (details in our portfolio).

Ice cream

£0.75

From Cheshire farm where because of the quality of the lush green pasture, the cows are able to produce some of the finest rich whole milk, to which only natural ingredients and flavours are added to make their award winning ice cream.

- * Vanilla with pod 'Gold award winner'
- * Chocolate 'bronze award winner'
- * Strawberries and cream
- * Fragrant rose 'custom made for us'
- * Rhubarb and stem ginger

Beverages

Ice cream milkshakes

Thick and creamy using Cheshire farm pure ice cream and a touch of fresh organic milk. Nothing else!

- * Vanilla £1.50
- * Chocolate £1.50
- * Strawberries and cream £1.50
- * Rose £1.50

Tea

£1.25

We believe children should start tasting and learning about tea and its health benefits from a young age and to introduce them to tea we have chosen the arabella special blend made from apple, orange peels, rose-hip peels, gummy strawberry, pieces of cherry, leaves of blackberry, flowers of rose).

The aniseed tea is also popular with children and is used traditionally for soothing tummy upsets. Alternatively try a tea from our main beverage menu!

Hot chocolate

£1.50

Served with fresh whipped cream, marshmallows and chocolate sprinkles!

Organic Green & Blacks (40% cocoa solids)

Cocoa direct (40% cocoa solids a fair trade hot chocolate)

Cold beverages

Organic fresh milk

£0.90

Innocent pure pressed fruit smoothie

£1.50

Pure organic orange or apple juice

£0.95

in a carton with a straw

All things sweet....

Crepes

Homemade crepes wrapped around your choice of filling

* Pure Canadian maple syrup	£3.25
* Honey and walnuts	£3.25
* Chocolate and hazelnut spread with whipped cream	£3.50
* Fresh sliced bananas with homemade toffee sauce	£3.75
* Homemade apple and rhubarb compote	£3.75
<i>Add freshly whipped cream</i>	£0.50
<i>Add a scoop of vanilla ice cream for</i>	£0.75

Homemade meringue nests

Filled with your choice of:

* Homemade apple and rhubarb compote	£2.25
* Freshly sliced banana with homemade toffee sauce	£2.25
* Fresh fruit and fresh whipped cream or ice cream drizzled with our homemade fresh fruit sauce	£2.25

Homemade sponge of the day

A classic Roses favourite. Varieties include strawberry, lemon, coffee, raspberry...ask for today's option

£1.95

Homemade chocolate fudge cake

Served warm with pouring cream, fresh whipped cream or vanilla ice cream

£2.50

Homemade chocolate tiffin

Our own version of this classic Wirral delight, digestive biscuits, chocolate, golden syrup, dried fruits.....

£1.65

Homemade Cheesecake of the day

We vary the fillings to our cheesecake to keep things interesting, so ask for today's flavour

£2.25

Homemade rich fruit cake

A classic favourite. Packed with sultanas, raisins, and lots of other dried fruits and goodies...

£1.95

Homemade carrot cake

We are constantly changing the recipe to this cake in pursuit of perfection. Currently we pack ours with freshly grated carrots (of course!), fresh orange rind and juice, chopped nuts and vanilla extract. We then cover it in an orange butter cream icing. We await feedback!!!

£2.25

Homemade iced lemon drizzle cake

Simple and oh so lemony...

£1.95

Special cake or dessert of the day

So you don't get bored or anything with our menu (is that possible?) we aim to make something different every day a special dessert for you so please ask one of the team for today's option!

Pure Ice cream from Cheshire farm

Where because of the quality of the lush green pasture, the cows are able to produce some of the finest rich whole milk, to which only natural ingredients and flavours are added to make their award winning ice cream.

Vanilla with pod. 'Gold award winner' £1.50

Chocolate. 'Bronze award winner' £1.50

Strawberries and cream £1.50

Fragrant rose - custom made for us £1.75

Rhubarb and stem ginger £1.75

Beverage menu

Tea

We are proud to be able to offer you the freshest possible tea leaves of top quality from our specialist suppliers.

House tea £1.50

Our Irish breakfast tea. A sturdy tea to blow the cobwebs away!

Assam tea £1.75

A more refined morning tea with a strong rounded taste with a touch of malt

Tregothnan estate English Classic Tea £1.75

- This unique blend is a consistent and satisfying tea of the finest quality Assam and China-type leaf with exclusive Tregothnan leaves.

Tregothnan estate Afternoon Tea £1.75

- A light and exotic blend of the finest Darjeeling tea and the exclusive hand-plucked leaves from the Tregothnan Estate in Cornwall.

Earl Grey £1.75

A blend of fine black teas and natural oil of bergamot. Drink with or without milk or lemon at any time of the day.

South African Kwazulu £1.75

The Ntingwe estate where this tea originates lies deep within the tranquil wooded hills of Natal. This very fine black tea, has a fresh lively flavour making it perfect for breakfast.

Ceylon O.P £1.75

A large leaf black tea from Sri Lanka with a light colour and delicate refreshing flavour. Drink with or without milk.

Lapsang suchong £1.95

It's distinctive taste is produced when it is smoked in the traditional manner by hanging the tea in baskets over pine chips

Darjeeling (Poolong estate). £1.75

Perfect for afternoon tea and cake with the slightly sweet taste typical of the Darjeeling region of India.

Decaffeinated £1.75

A blend of quality East African teas decaffeinated by means of a natural CO2 process, which does not contain any harmful chemicals and reduces the caffeine content to 0.003%.

China rose £1.75

A black China tea, which is layered with rose petals during the drying process so that the tea leaves are delicately scented. This tea is pale and delicate. Best drunk without milk.

Organic green Loose Leaf Tea £1.95

Low caffeine, light and refreshing. To be drunk without milk. Restorative properties.

Green China with jasmine blossom £1.95

Created from an ancient Chinese recipe! Served on its' own without milk or lemon

Peppermint tisane £1.75

Pure leaves with refreshing aromatic flavour. Known for its stomach soothing properties. Best drunk on its own or with lemon

Chamomile flowers tisane £1.75

A soothing drink helps to relax and wind down. Served on its own without milk or lemon

Aniseed tea £1.75

Straight from Cyprus a very soothing delicious tea - great for children too!

Kalahari rooibos £1.75

Rooibos, Lemongrass, orange peel, flowers of thistle and marigold

Little budha £1.75

Green tea, pineapple, papaya, licorice, sandalwood, red pepper, flowers of camomile

Arabella perfect for children £1.55

special blend made from apple, orange peels, rose-hip peels, gummy strawberry, pieces of cherry, leaves of blackberry, flowers of rose).

Hot chocolate

Organic Green & Blacks

(40 % cocoa solids)

£1.95

An excellent quality with full flavour.

Cocoa direct

(40 % cocoa solids).

£1.95

A fair trade chocolate with a delicious sweet chocolaty flavour.

Rococo organic

(63% cocoa solids).

£2.25

Due to the higher content of cocoa solids this is not such a 'sweet' chocolate so more appropriate for chocolate aficionados or for those of you who prefer the more intense chocolate hit! You may also add more sugar to make it sweeter if you please.

Rococo organic artisan chocolate

(63% cocoa solids) Spiced

£2.25

As above but with cinnamon, cardamom and nutmeg.

Whipped cream, chocolate sprinkles and marshmallows

£0.35

beverages continue on next page ...

Coffees

We use a freshly ground Columbian espresso as a base for our coffees which has recently won the Gold Taste award at the Taste awards of the guild of fine food retailers.

We now offer flavoured syrups by Alchemy to add to your coffee. Choose from:

SIN ~ Cinnamon and hazelnut £0.40

VELVET ~ Vanilla £0.40

Cappuccino £1.75

Espresso topped with a cap of foaming milk. Named after the hooded habit of the Capuchin order, a branch of Franciscans founded by Matteo de Bassis in 1525.

Espresso £1.50

Very strong, very dark, topped with a crema served in a demitasse cup.

Americano £1.50

Double strength topped up with hot water

Caffe Mocha £1.90

Espresso mixed with Green & Blacks organic hot chocolate, topped with whipped cream.

Caffe Latte £1.75

Espresso topped with steamed milk splashed with a dash of foam.

Extra espresso shots £0.35

Filter coffees

Our coffees are roasted on the day of dispatch then ground by us in small quantities so that the flavour or quality is not compromised in any way.

Served in cafetieres. We suggest you allow the cafetiere to stand for 2-3 minutes before plunging.

For fresh cream instead of milk add £0.15

filter coffees continue on next page ...

Medellin Colombian (house coffee)	£1.65
One of the finest coffees, full mellow body with a rich and slightly nutty flavour	
Brazilian Santos	£1.95
The best coffee Brazil produces . It is smooth with a mellow and mild flavour.	
Kenyan AA	£1.95
Noted for its wonderful aroma. A pleasant sharpness with a fruity flavour (medium roast).	
Mandheling Blue Sumatra	£1.95
Full roast, very full bodied and smooth with an almost chocolaty taste.	
Decaffeinated Colombian	£1.95
Obtained using the carbon dioxide process, so none of the natural flavour is lost.	
Fairtrade Peruvian Organic	£2.10
This is a medium/high roast coffee which has a deep colour, full aroma and great smoothness.	
Fairtrade Costa Rica organic	£2.10
This is a medium roast coffee which has a great depth of flavour, is full-bodied with a lingering aroma and a rich colour.	
Jamaican Blue Mountain	£3.25
Wallenford estate. Enthusiasts claim this to be the finest coffee in the world combining fine acidity, full body and smooth flavour, exquisite cup quality.	

Cold beverage menu

Smoothie of the day	£1.95
Made with freshly squeezed, crushed, mashed and pressed fruit!!	
no added sugar, no concentrates, no sweeteners, no preservatives, no added anything	
Freshly squeezed orange juice	£1.75
Innocent lemon and lime juicy water	£1.75
Innocent blackcurrant juicy water	£1.75
Mangajo iced goji berry and green tea	£1.50
Mangajo iced refreshing redbush tea	£1.50

Herbert's fairtrade iced mocha	£1.75
Herbert's fairtrade iced latte	£1.75
James White English Organic apple juice	£1.75
James White English Organic pear and raspberry	£1.75
James White English Organic apple and ginger juice	£1.75
James White English Organic apple and pomegranate	£1.75
Belvoir organic blood orange and mandarin	£1.75
Belvoir organic elderflower presse	£1.75
Belvoir organic lemonade	£1.75
Belvoir organic ginger beer	£1.75
Dandelion and burdock	£1.95
American cream soda	£1.95
Mineral carbonated or still water	£1.40
Coca-cola/diet coca cola	£1.40

Ice cream milk shakes £1.75

Thick and creamy using Cheshire farm pure ice cream and a touch of fresh organic milk. Nothing else!

* Vanilla with pod 'Gold award winner'

* Chocolate 'bronze award winner'

* Strawberries and cream

* Fragrant rose 'custom made for us'

* Rhubarb and stem ginger

Children's drinks

Innocent Smoothie of the day £1.50

Made with freshly squeezed, crushed, mashed and pressed fruit!!

no added sugar, no concentrates, no sweeteners, no preservatives, no added anything

Pure organic apple or orange juice in a carton with a straw. (no sweeteners, sugar, additives, or preservatives.) £0.95

Glass of fresh organic milk £0.90

